

Hope Haven School PK-12th Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Indicates Carbs in grams All Menus subject to change due to product availability.
02 Buffalo Chicken Pizza 35g 2 MMA & 2 WG Chicken Strips (4) w/Bread stlck (1) 2.68 MMA & 2.36 WC 36g w/Dipping sauces Mixed Veggies 3/4c 12g WK2	03 Hamburger on WG Bun 2 MMA & 2 WG 2g+26g=28g BBQ Pork Rib Sub on WG Bun 2 MMA & 2 WG 6g+29g= 38g Cooked Carrots 3/4c 24g	04 Cream Turkey 4oz 1/2c 2g Mashed Potato 1/2c 15g Green Beans 1/2c 4g WG Dinner roll (2ea) w/butter 26g 2 MMA & 2 WG	05 Cheeseburger on Bun 2.5 MMA & 2 WG 3g+26g=29g Hot Dog on WG Bun w/sauce 2 MMA & 2 WG 6g+25g=31 Baked Beans 3/4c 30g	06 Wild Mikes Cheese Bites (4) 28g 2 MMA & 2 WG w/marinara sauce 4g Fish Sticks (6) w/tartar sauce 33g 3 MMA & 2.25 WG Steamed Broccoli 3/4c 8g	Choice of Main For That Day And Fruits 1/2c Vegetables 3/4c Milk is offered in two flavor 1% White and FF Chocolate
07 WG Corn Dog 2MMA & 2WG 30g WG Chicken Patty on WG Bun 2 MMA & 1 WG & 2 WG 15g+26g=41g Mixed Veggies 3/4c 12g WK3 HH: 12oz Salad	08 Meat Ball Sub on Bun 2 MMA & 2 WG 6g+25g=31g Chicken Strips (4) w/Bread stick (1) 2.68 MMA & 1.36 WG 36g w/dipping sauces Cooked Carrots 3/4c 24g	09 Lasagna Roll 29g w/Meat sauce 1/3c 5.5g WG Garlic Toast (1) 12g Green beans 3/4c 6g 3 MMA & 2 WG	10 Veal on Bun 2 MMA & 2 WG 12g+26g=38g Cheeseburger on Bun 2.5 MMA & 2 WG 3g+26g=29g Corn 3/4 cup 23g	11 Pizza Galaxy round(Tony's) 2 MMA & 2 WG 21g WG Chicken Nuggets (10) w/dipping sauces 4 MMA & 2 WG 34g Baked Beans 3/4c 30g	
12 WG Chicken Nuggets (10) 4 MMA & 2 WG 34g w/dipping sauces Mini Calzone (3) 35g w/marinara sauce 4g 2 MMA & 2 WG 10g+26g=36g Cole Slaw 3/4c 9g WK4	13 Cheese Burger on Bun 2.5 MMA & 2 WG 3g+26g=29g BBQ Chicken Pizza 2 MMA & 2 WG 42 Cooked Carrots 3/4c 24g	14 Plain Chicken Breast 3g Au Gratin Potatoes 3/4c 25g Green Beans 1/2c 4g WG Dinner roll (2ea) 26g 2 MMA & 2 WG	15 BBQ Pork Rib Sub on WG Bun 2 MMA & 2 WG 6g+29g= 38g Mac & Cheese (JTM) 6oz 32g WG Dinner Roll (1) 12g Baked Beans 3/4 c 30g 2.00 MMA & 2.00 WG	16 Pizza Stuffed Crust 2 MMA & 2 WG 35g Chicken, Bacon, Ranch on WG Bun 2 MMA & 1 WG & 2 WG 2g+26g=28g Steamed Broccoli 3/4c 8g	
17 Chicken Strips (4) w/Bread stick (1) 2.68 MMA & 1.36 WG 36g w/dipping sauces Hamburger on Bun 2 MMA & 2 WG 2g+26g=28g Mixed Veggies 3/4c 12g WK5 HH: 12oz Salad Romain/spinach	18 Nachos Deluxe w/ lettuce, tomatoes, and cheese 40g 2 MMA & 2.5 WG Chicken Strips (4) w/Bread stick (1) 2.68 MMA & 1.36 WG 36g w/dipping sauces Cooked Carrots 3/4c 24g	19 Spaghetti WG w/Meat sauce 1c 2 MMA & 1 WG 34g WG Bread Stick (1ea) 1 WG 14g Green Beans 3/4c 6g 2 MMA & 2 WG	20 Cheese Burger on Bun 2.5 MMA & 2 WG 3g+26g=29g Hot Dog on Bun w/sauce 2 MMA & 2 WG 6g+25g=31g Tater Tots (12pc) 3/4c 24g	21 WG Pizza Bread 2 MMA & 2 WG 34g Veal on Bread 2 MMA & 2 WG 12g+26g=38g Baked Beans 3/4c 30g	
22 Cheese Burger on WG Bun 2.5 MMA & 2 WG 3g+26g=29g Chicken Fajita Wrap MMA & 2.25 WG 2g+30g=32g Corn 3/4c 23g WK6 HH: 12oz Salad Romain/spinach	23 Meat Ball Sub on Bun 2 MMA & 2 WG 6g+25g=31g Chicken Strips (4) w/Bread stlck (1) 2.68 MMA & 1.36 WG 36g w/dipping sauces Cooked Carrots 3/4c 24g	24 General TSO Chicken Chunks (8pc) 3 oz 30g Fried Rice 1/2 c 17g Stir Fried Vegetables 3/4c 9g 2 MMA & 2 WG	25 Hamburger on Bun 2 MMA & 2 WG 2g+26g=28g WG Corn Dog 30g Baked Beans 3/4 c 30g 2.00 MMA & 2.00 WG	26 WG Pizza (Tony's) 2 MMA & 2 WG 37g WG Chicken Nuggets (10) 4 MMA & 2 WG 34g w/dipping sauces Corn 3/4c 12g	

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Hope Haven PK - 12 Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Indicates Carbs in grams All Menus subject to change
<p>01</p> <p>Snack-Time Sausage Maple Pancake Sandwich 3.18oz 23g 1oz WG & 1oz MMA WK 2</p>	<p>02</p> <p>Pillsbury Cinnamon Carmel Roll 2.33 oz 35g 2oz WG</p>	<p>03</p> <p>Eggo Chocolate Chip French Toast 37g 2oz WG</p>	<p>04</p> <p>Crumb Cake 3.00 oz 47g 2oz WG</p>	<p>05</p> <p>Good Man Pull apart Glazed Donut 31g 2oz WG</p>	<p>Breakfast served with Main for the day 100% Fruit Juice = 1/2 cup Whole piece fresh fruit = 1/2 cup or canned Fruit = 1/2 cup Choice of Milk 8 oz 1% White or Fat Free Chocolate = 1 cup</p>
<p>02</p> <p>Apple Cinnamon Texas Toast 3.30oz 45g 2.25oz WG & 1oz MMA WK 3</p>	<p>03</p> <p>Sausage Maple Pancake Wrap 2.85 oz 17g 1oz WG & 1oz MMA</p>	<p>04</p> <p>Pillsbury Mini Maple Waffles 2.47oz 37g 2oz WG</p>	<p>05</p> <p>Kellogg's Mini Blueberry Pancakes 3.03 oz 37g 2oz WG</p>	<p>06</p> <p>SB Traditional Glazed Donut 29g 2oz WG</p>	<p>All 1/2c servings of Fruit will be noted on the Dailey Delivery/Production Record.</p>
<p>09</p> <p>Banana Bread 3.4 oz 45g OR Blueberry Bread 3.4 oz 45g 2oz WG WK 4</p>	<p>10</p> <p>Breakfast Bagel Sausage, Egg, & Cheese 2.83oz 23g 1oz WG & 1.25oz MMA</p>	<p>11</p> <p>Eggo Confetti Mini Pancakes 36g 2oz WG</p>	<p>12</p> <p>Trixs Mini French Toast 2.64oz 36g 2oz WG</p>	<p>13</p> <p>Super Bakery Cinnamon Bun W/icing 2.9 oz 39g 2oz WG</p>	<p>All Menu Items are subject to change based on availability. Any changes will be noted on the Dailey Delivery/Production Record.</p>
<p>16</p> <p>Snack-Time Sausage Maple Pancake Sandwich 3.18oz 23g 1oz WG & 1oz MMA WK 5</p>	<p>17</p> <p>Pillsbury Blueberry Waffles 2.47oz 37g 2oz WG</p>	<p>18</p> <p>Kellogg's Mini Blueberry Pancakes 3.03 oz 37g 2oz WG</p>	<p>19</p> <p>Pillsbury Cinnamon Carmel Roll 2.33 oz 35g 2oz WG</p>	<p>20</p> <p>Good Man Pull apart Glazed Donut 31g 2oz WG</p>	<p>USDA is an equal opportunity provider, employer, and lender.</p>
<p>23</p> <p>Apple Cinnamon Texas Toast 3.30oz 45g 2.25oz WG & 1oz MMA WK 6</p>	<p>24</p> <p>Breakfast Bagel Egg, & Cheese 2.80oz 29g 1oz WG & 1.25oz MMA</p>	<p>25</p> <p>Eggo Chocolate Chip French Toast 37g 2oz WG</p>	<p>26</p> <p>Crumb Cake 3.00 oz 47g 2oz WG</p>	<p>27</p> <p>SB Traditional Glazed Donut 29g 2oz WG</p>	